

Catherine Hickland

The Role of a Lifetime

Have you ever wondered what it takes to step on stage, face an audience, and deliver the kind of performance that brings the house down? Catherine Hickland knows. She's spent three decades in the spotlight as a television star, Broadway performer, and the world's most popular female stage hypnotist.

In **The Role of a Lifetime**, she shares lessons she learned under the bright lights of show business. She shows audiences that we are all playing roles, and that managing stress, learning your lines, and being able to perform on a moment's notice are needed to get ahead in any business or profession.

We live in a world where there is more pressure than ever to absorb information and manage a combination of relationships, deadlines, and quotas. The only way to thrive is by embracing a mindset of living in the moment and taking on new challenges with the mindset of a star, no matter what business or field we work in. **The Role of a Lifetime** isn't just filled with laughter and insights... it's the guide we need to living more focused and productive lives.

If you want your group to pick up valuable performance advice, and a perspective they can't find anywhere else, book Catherine Hickland today!



About Catherine Hickland

Catherine Hickland is an American actress and singer who has spent nearly three decades in starring roles in soap operas on all three networks.

She is best known for her twelve years playing the award-winning character of **Lindsay Rappaport** on **ONE LIFE TO LIVE** until the show ended its 45 year run in 2012. She also held the lead role of the tragic heroine, **Fantine**, in the Broadway Production of **Les Miserables**. She has also guest starred on many television series, including **Knight Rider** and **Law & Order**.

Today, Catherine is one of the most successful and well-known female hypnotists in the country, performing over one-hundred and fifty hypnosis shows a year.

Catherine is also a popular speaker and the author of **The 30 Day Heartbreak Cure: a Guide to Getting Over Him and Back Out There One Month From Today** (Simon & Shuster) as well as several other titles.

A born entrepreneur, Catherine created and remains CEO of **Cat Cosmetics**. Cat is married to the son of Debbie Reynolds, producer Todd Fisher. They live, and love, in Las Vegas, Nevada.